

Ku kululeey aqalkaaga koranto

Dhaqaale 7

Dhaqaale 7 macnahiisu waxaa weeye in aad 7 saacadood habeenkii heshid koronto raqiis ah oo ka jaban isticmaalka maalintii.

Tusaale, qiimaha kala duwan ee isticmaalka ayaa ah sida soo socota

- Marka laga bilaabo saacada 12ka seqda dhexe ilaa 7da subaxnim oo uu qiimuhu yahay 7p yunitki.
- Marka laga bilaabo 7da subaxnimo ilaa 12ka seqda dhexe oo qiimuhu yahay 15p yunitki.

Waxaay korantadu kuu raqiistahay isticmaalka habeenkii oo aay faa'iido badana kuu tahay xaga dhaqaalahaaga.

Tusaale:

- Isticmaal habeenkii oo ku kululeeyso Haanta biyaha adigoo isticmaalayo habka buuxsashada.
- Hadii biyaha Haanta sifiican kuugu kululaadan waxaad u isticmaali kartaa malinti.



An Economy 7 meter

- Mar walabo inaad Haanta biyaha ku kululeeysato maahan.
- Ku buuxsataa waqti sida makiinada dharka lagu dhaqo tan lagu qalajiyo iyo mida alaabta lagu dhaqaba inta badan habeenkii.
- Hadii qalabkaagu uu saacad waqtiga lagu buuxiyo lahayn, waxaad isticmaali kartaa habkale sida saacada godka korontada lagu isticmaalo.
- Kuleeyl keediyaha waxaa loogu talo galay inuu u shaqeeyo habka Dhaqaale 7, habeenkii adigoo qiimaha ugu jaban bixinaayo.

Hoos waxaa ka helikartaa talooyinkan.

Night storage heater



Kuleyl keediyaha habeenkii

Kuleeyl keediyaha wuxuu keydiyaa kuleeyka habeenkii kadibna wuxuu sii daayaa maalintii. Kuleeyl keedyiye walba wuxuu leeyahay laba meelood oo laga maamulo.

- Kuleyliyaha wuxuu maamulaa inta kuleeyl gashay iyo inta koranto uu isticmaalay. Xiliga qaboowga waxaa lageeyaa 4-6 inta u dhaxeysa.

- Hawada aan aad u qaboobeeyn waxaa lageeyaa 1-3 inta u dhaxeeyaa.
- Kuleyl ka kabaxa wuxuu maamulaa inta kul uu sii daayeey kuleeyliyaha kuleyl kabaxaha.
- Kuleyl ayuu dhaqse sii deynaya hadii aad meesha ugu sareeyso geeysa, ama qaboow ayuu sii deynaya hadii aad meesha ugu hooseeyso geeysa.

Habeenkii:

- Ku cabir ama geey saacada adigoo tixraacaya hawada markaas jirto.
- Lambarka ugu hooseeya geey kuleyl bixiyaha, si aad hawada kuleylka maalintii u isticmaashid.

Maalintii:

- Kuleyl kabaxa wada fur si uu kuleylka aqalka ugalo.
 - Markuu aqalku kululaado kuleyl kabaxa geey lambarka ugu hooseeyo si uu kuleylka kuugu haro kadibna aad fiidkii u isticmaashid.
 - Hadii aad dibada u baxeysid lamabarka ugu hooseeyo geey kuleyl kabaxa si uunan kuleylka u qasaarin.
 - Fiidkii sii deeyso kulaylka inta kuugu hartay.
- Xiliga kuleylka yar yahaya marnaba kuuma fiicno inaad kuleyl keydiyaha isticmaashid. Xiligan waa leyska wada daminkaraa kuleyliyaha oo idil.

Hadaad u baahantahay talo ku saabsan isticmaalka korantada guryaha (luqada English ka) waxaad nagala soo xariiri kartaa: taleefoon bilaash ah **0117 934 1957** ama **0800 082 2234**; iimeylka home.energy@cse.org.uk

For home energy advice, contact us on **0117 934 1957** or Freephone **0800 082 2234** or email home.energy@cse.org.uk

This is one of a series of advice leaflets in Somali produced by the Centre for Sustainable Energy. Download them free from www.cse.org.uk/somali-leaflets

Habka looga hortagi karo qoyaanka, dhedada ama uumiga keena
(Preventing damp and mould)

Cabirka Korontada (Digital Economy 7 meters)

Dhaqaale 7 (Economy 7)

Ku kululeey aqalkaaga koranto (Heating your home with electricity)

Ka difaac Qabowga (Insulating your home)

Aqri cabirka korontada (Reading your meter)

Qeybta laga maamulo kuleyliyaha (Setting a central heating programme)

Talaabooyin muhiin u ah, hab isticmaalka kuleeliyaha gaasta (Tips on using your gas central heating)

10 Talo oo Muhiim u ah Korantada (Top 10 energy saving tips)



Watch our energy advice for Somali speakers videos on YouTube at www.bit.ly/1xwXfpx



St James Court
St James Parade
Bristol BS1 3LH

0117 934 1400
www.cse.org.uk
info@cse.org.uk

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The Centre for Sustainable Energy is a national charity that helps people change the way they think and act on energy.

Our Home Energy Team offers free advice on domestic energy use to people in Bristol, Somerset, Wiltshire, South Gloucestershire and Dorset.



Contact us:

PHONE 0800 082 2234
EMAIL home.energy@cse.org.uk
WEB www.cse.org.uk/loveyourhome
FACEBOOK EnergySavingAdvice
TWITTER @cse_homeenergy