

# Cabirka Korontada

## Muqaalka dhaqaale 7 wuxuu u egyahay sidan

Tuuji batanka oo ka badal sicir ka maalinta iyo sicirka habeenka

Waa in aad aqrisaa lambarka, adigoo ka tagaya mar walba midka ugu danbeya, tusaale 07520

Waa arin wanaagsan inaad aqrisaa cabir kaaga bishiiba mar.

Waa in aad la xiriirtaa qolada kuu soo deyso korantada oo aad cabirka saxda ah siisaa si biilka saxda ah laguugu soo diro.



Hadaad u baahantahay talo ku saabsan isticmaalka korantada guryaha (luqada English ka) waxaad nagala soo xariiri kartaa: taleefoon bilaash ah 0117 934 1957 ama 0800 082 2234; iimeylka [home.energy@cse.org.uk](mailto:home.energy@cse.org.uk)

For home energy advice, contact us on 0117 934 1957 or Freephone 0800 082 2234 or email [home.energy@cse.org.uk](mailto:home.energy@cse.org.uk)

This is one of a series of advice leaflets in Somali produced by the Centre for Sustainable Energy. Download them free from [www.cse.org.uk/somali-leaflets](http://www.cse.org.uk/somali-leaflets)

Habka looga hortagi karo qoyaanka, dhedada ama uumiga keena (Preventing damp and mould)

Cabirka Korontada (Digital Economy 7 meters)

Dhaqaale 7 (Economy 7)

Ku kululeey aqalkaaga koranto (Heating your home with electricity)

Ka difaac Qabowga (Insulating your home)

Aqri cabirka korontada (Reading your meter)

Qeybta laga maamulo kuleliyaha (Setting a central heating programme)

Talaabooyin muhiin u ah, hab isiticmaalka kuleeliyaha gaasta (Tips on using your gas central heating)

10 Talo oo Muhiim u ah Korantada (Top 10 energy saving tips)



Watch our energy advice for Somali speakers videos on YouTube at [www.bit.ly/1xwXfpx](http://www.bit.ly/1xwXfpx)



St James Court  
St James Parade  
Bristol BS1 3LH

0117 934 1400  
[www.cse.org.uk](http://www.cse.org.uk)  
[info@cse.org.uk](mailto:info@cse.org.uk)

Charity: 298740  
Founded: 1979

The Centre for Sustainable Energy is a national charity that helps people change the way they think and act on energy.

Our Home Energy Team offers free advice on domestic energy use to people in Bristol, Somerset, Wiltshire, South Gloucestershire and Dorset.



### Contact us:

PHONE 0800 082 2234  
EMAIL [home.energy@cse.org.uk](mailto:home.energy@cse.org.uk)  
WEB [www.cse.org.uk/loveyourhome](http://www.cse.org.uk/loveyourhome)  
FACEBOOK EnergySavingAdvice  
TWITTER @cse\_homeenergy