

Talaabooyin muhiin u ah, hab isiticmaalka kuleeliyaha gaasta

Halkan waxaa ku xusan tusaalooyin sida aad gaaska u isticmaali doonto si aad biilka lacag oga dhaqaaleeysato.

- 1 Xidh kuleyliyaha habeenkii iyo markii aad guriga kamaqan tahay si eeynan wax kaaga qasaarin.
- 2 Wareeji cabirka kuleliyaha inta kugu filan oo kaliya, qolalka aadan isticmaaleeynin cabirka geey meesha ugu hooseysa .
- 3 La soco cabirka kuleyl koontaroolaha kuleylka (*thermometer*) adigoo qiyaasaya hawada qolka. Waad iska xidhi kartaa hadii aad kuleyl saa'id ah dareento. Waa in hawada cabirka u dhaxeysaa 18 ilaa iyo 21 qiyaas (*celsius*).
- 4 Hubi in kuleyliyaha hawada kabaxeeysa, sidoo kale ha hor dhigin kuleyliyaha kuraas ama alaabta guriga taalo.
- 5 Hadii uu kuleyliyuhu ku beeganyahay dariishadaha hoostooda waa in aad daaha dariishada si wanaagsan ugu dabooshaa.

- 6 Ogolow in uu iftiinka dibadda guriga soo galo, qoraxdu waxeey ku siineysaa kuleyl.
- 7 Xidh daahyadaada fiidkii markii eey qaboow naqoto si uusan kuleylka kaaga bixin.
- 8 Inbadan ha furin dariishadaha marka kuleyliyahu daaranyahay.
- 9 U isticmaal dariishadahaaga hawo bixin si uu qiicu dibadda oga baxo, taasna waxeey ka badbaadineysaa daxaleeysiga darbiga.
- 10 Isticmaal qorsheenta kuleylka (*central heating programme*) si aad oga maaranto damista iyo daarista.

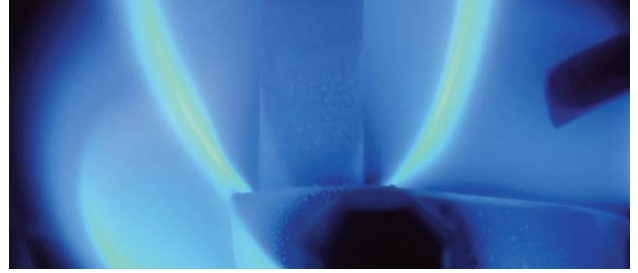


Photo: Gordian Poropat

Hadaad u baahantahay talo ku saabsan isticmaalka korantada guryaha (luqada English ka) waxaad nagala soo xariiri kartaa: taleefoon bilaash ah **0117 934 1957** ama **0800 082 2234**; iimeylka home.energy@cse.org.uk

For home energy advice, contact us on **0117 934 1957** or Freephone **0800 082 2234** or email home.energy@cse.org.uk

This is one of a series of advice leaflets in Somali produced by the Centre for Sustainable Energy. Download them free from www.cse.org.uk/somali-leaflets

Watch our energy advice videos for Somali speakers at www.bit.ly/1xwXfpx

Habka looga hortagi karo qoyaanka, dhedada ama uumiga keena (*Preventing damp and mould*)

Cabirka Korontada (*Digital Economy 7 meters*)

Dhaqaale 7 (*Economy 7*)

Ku kululeey aqalkaaga koranto (*Heating your home with electricity*)

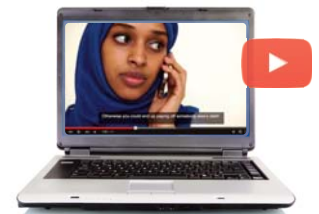
Ka difaac Qabowga (*Insulating your home*)

Aqri cabirka korontada (*Reading your meter*)

Qeybta laga maamulo kuleyliyaha (*Setting a central heating programme*)

Talaabooyin muhiin u ah, hab isiticmaalka kuleeliyaha gaasta (*Tips on using your gas central heating*)

10 Talo oo Muhiim u ah Korantada (*Top 10 energy saving tips*)



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Charity: 298740
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The Centre for Sustainable Energy is a national charity that helps people change the way they think and act on energy.

Our Home Energy Team offers free advice on domestic energy use to people in Bristol, Somerset, Wiltshire, South Gloucestershire and Dorset.



Contact us:

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