

Talaabooyin muhiin u ah, hab isiticmaalka kuleeliyaha gaasta

Halkan waxaa ku xusan tusaalooyin sida aad gaaska u isticmaali doonto si aad biilka lacag oga dhaqaaleeysato.

- 1 Xidh kuleyliyaha habeenkii iyo markii aad guriga kamaqan tahay si eeynan wax kaaga qasaarin.
- 2 Wareeji cabirka kuleliyaha inta kugu filan oo kaliya, qolalka aadan isticmaaleeynin cabirka geey meesha ugu hooseysa .
- 3 La soco cabirka kuleyl koontaroolaha kuleylka (*thermometer*) adigoo qiyaasaya hawada qolka. Waad iska xidhi kartaa hadii aad kuleyl saa'id ah dareento. Waa in hawada cabirka u dhaxeysaa 18 ilaa iyo 21 qiyaas (*celsius*).
- 4 Hubi in kuleyliyaha hawada kabaxeeysa, sidoo kale ha hor dhigin kuleyliyaha kuraas ama alaabta guriga taalo.
- 5 Hadii uu kuleyliyuhu ku beeganyahay dariishadaha hoostooda waa in aad daaha dariishada si wanaagsan ugu dabooshaa.

- 6 Ogolow in uu iftiinka dibadda guriga soo galo, qoraxdu waxeey ku siineysaa kuleyl.
- 7 Xidh daahyadaada fiidkii markii eey qaboow naqoto si uusan kuleylka kaaga bixin.
- 8 Inbadan ha furin dariishadaha marka kuleyliyahu daaranyahay.
- 9 U isticmaal dariishadahaaga hawo bixin si uu qiicu dibadda oga baxo, taasna waxeey ka badbaadineysaa daxaleeysiga darbiga.
- 10 Isticmaal qorsheenta kuleylka (*central heating programme*) si aad oga maaranto damista iyo daarista.

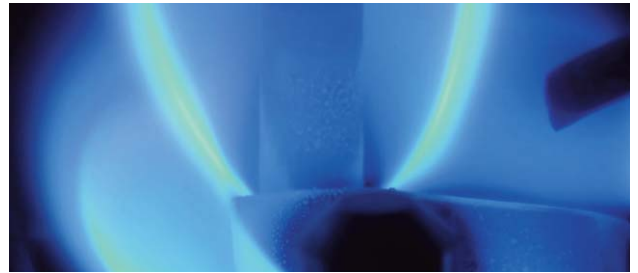


Photo: Gordian Poropat

Hadaad u baahantahay talo ku saabsan isticmaalka korantada guryaha (luqada English ka) waxaad nagala soo xariiri kartaa: taleefoon bilaash ah **0117 934 1957** ama **0800 082 2234**; iimeylka home.energy@cse.org.uk

For home energy advice, contact us on **0117 934 1957** or Freephone **0800 082 2234** or email home.energy@cse.org.uk

This is one of a series of advice leaflets in Somali produced by the Centre for Sustainable Energy. Download them free from www.cse.org.uk/somali-leaflets

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Dhaqaale 7 (*Economy 7*)

Ku kululeey aqalkaaga koranto (*Heating your home with electricity*)

Ka difaac Qabowga (*Insulating your home*)

Aqri cabirka korontada (*Reading your meter*)

Qeybta laga maamulo kuleyliyaha (*Setting a central heating programme*)

Talaabooyin muhiin u ah, hab isiticmaalka kuleeliyaha gaasta (*Tips on using your gas central heating*)

10 Talo oo Muhiim u ah Korantada (*Top 10 energy saving tips*)

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