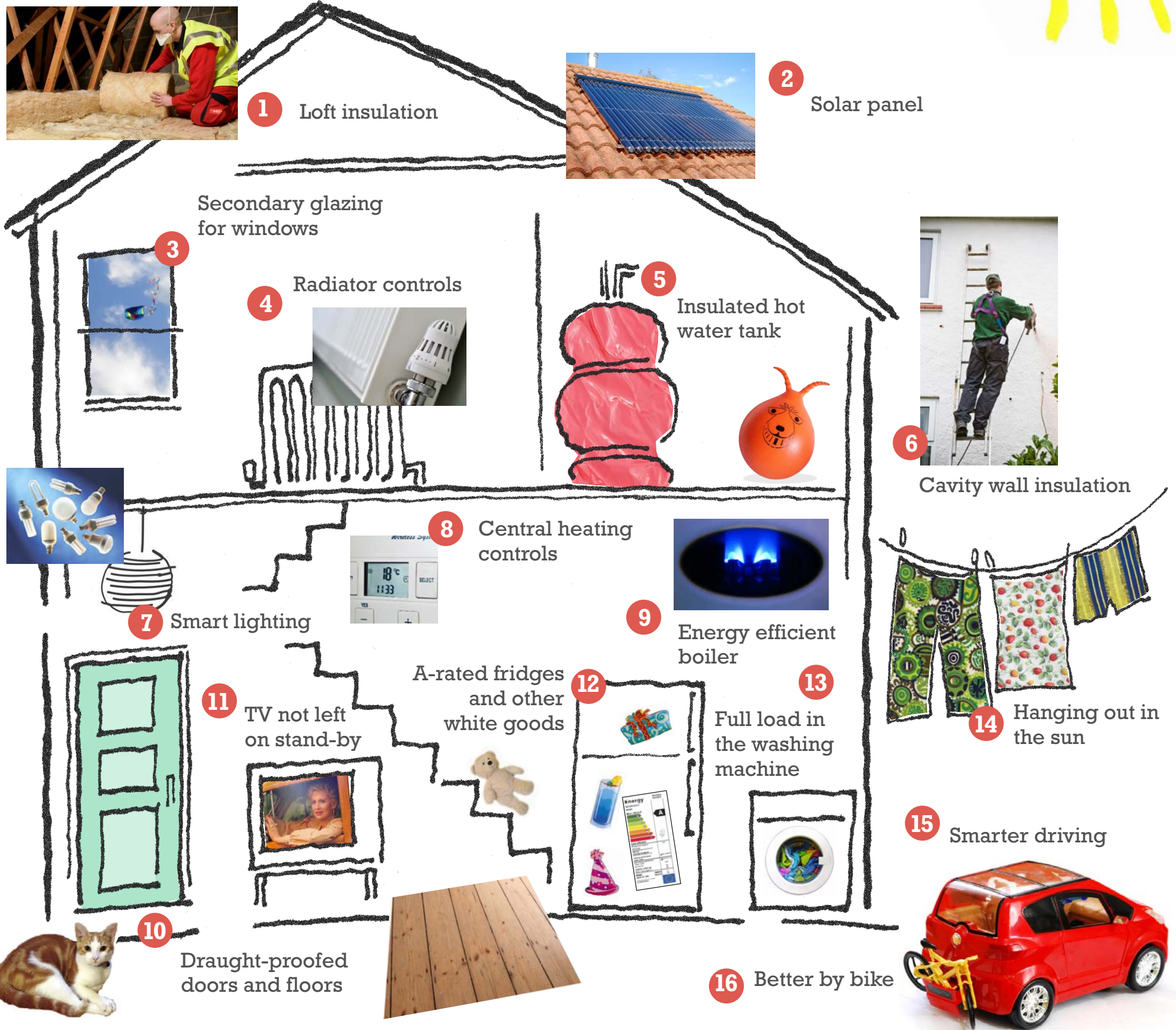


Energy saving tips

Ways to cut your bills and enjoy a warmer home



1 Loft insulation A well-insulated loft keeps the heat in – like wearing a warm coat on a freezing cold day. Your loft should have 270mm (10 ½ inches) of insulation.

2 Solar panel Renewable energy isn't right for every home, but can be a money saver and cut carbon.

3 Secondary glazing for windows 'Secondary glazing', where a layer of glass or clear plastic is fitted inside an existing window frame, is a cheap and effective alternative to double-glazing.

4 Radiator controls Thermostatic radiator valves (TRVs) allow you to adjust the temperature in each room.

5 Insulated hot water tank If your hot water tank is un-insulated or has a badly fitting old lagging jacket then you should definitely replace it.

6 Cavity wall insulation This will cut your heating bills by around £135 a year and make your home more snug.

7 Low-energy light bulbs These could save you £55 over the lifetime of the bulb; but more important is to switch off lights you're not using.

8 Heating controls These let you choose when the heating is on and how warm it is. Turning a room thermostat down by 1°C saves around £55 a year.

9 Energy efficient boiler If your boiler is more than 15 years old, you should consider replacing it with a modern condensing boiler. These can cut your bills by £300 a year.

10 Get draught-busting Keep out the cold air with brush seals and draught strips. You can also draught-proof old wooden flooring.

11 TV not standing-by Don't leave your TV, computers or other gear on standby – switch off at the plug. And don't leave laptops and mobile phones on charge unnecessarily.

12 A-rated appliances Look for the Energy Efficiency logo when you replace your fridge, freezer, washing machine, dish-washer, TV or kettle.

13 Wash wisely If possible, only use your washing machine, tumble dryer or dishwasher when you have a full load.

14 Hanging out in the sun Give your tumble dryer a rest and dry your laundry the Mediterranean way. The sun and wind will do the job for free!

15 Smarter driving There are lots of ways you can cut your petrol consumption, like keeping your speed down, driving smoothly, and not carrying junk in your boot.

16 Pedal power More people are taking to their bikes every day. It's cheap, healthy and quick, and cuts the hassle of parking.



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We are a national charity (298740) that helps people change the way they think and act on energy.



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